



## Langtang Valley Trek

Free cancellation up to 4 day(s) prior departure, after which the tour cancellation policy applies.

- **Activities:**
  - Nepal Trekking and Hiking
  - Backpacking
  - Cultural Walking
  - Trekking and Hiking
  - Unique Adventure
- **Travel Style:** Luxury
- **Guiding Type:** Live Guide/Instructor
- **Activities:**
  - English
- **Tour Vibe:** Active
- **Guiding Type:** Live Guide/Instructor
- **Recommended For:**
  - Couple
  - Family/Kids
  - Senior
  - Solo
  - Women
  - Youth
- **Country:**
  - Nepal
  - Asia
- **Routes:**
  - Kathmandu, Bagmati, Nepal
- **Pickup:** Hotel in Kathmandu;

From:12:00 AM

To:12:00 AM

- **Drop-off:** Hotel in Kathmandu;

From:12:00 AM

To:12:00 AM

- **Age Range:** 8 - 90 (Years Old)
- **Tour Highlights:**

Travel rhododendron forest, pine forest, majestic waterfall, mountain stream

Witness the closest view of Langtang Lirung(7200m), Mt. Ganesh Himal (7600m), Mt. Langtang II(7227m)

Visit Kyangin Gumpa and learn about Buddhist culture

Thrilling hike to Kyangin Ri or Tserko Ri

Explore the culture, tradition and lifestyles of locals Tamang people alike Tibetan

- **Tour Introduction:**

Leave the busy city behind and bump into Langtang Valley trek, one of the easiest and fastest way to encounter the breathtaking views of Himalayan ranges and also popularly known as the valley of Glacier masses. Walk into the wilderness of isolated Langtang region and get ample opportunity to explore the tranquil rural landscape, Tibetan influenced culture and tradition of native Tamang and Sherpa inhabitants. The journey mostly passes through the lush woodlands of pine and blooming rhododendron forests, majestic waterfalls together with the sights of Himalayan peaks and takes you to the oldest monastery Kyanjin gumpa, located on the foothills of Kyangin Ri (4773m). The panoramic views of Langtang Lirung (7227m), Langtang II (6596m), Yala Peak (5500m) and Dorje Lakpa (6966m) are just stunning from Kyangin Ri, so enjoy the dramatic views of spectacular peaks and the glimmering views of numerous glacier. Capture the pictures and make it memories for the lifetime as you spend your vacation here in Nepal.

- **Itinerary:**
  - Day 1: **Arrival in Kathmandu**

As you arrived at Tribhuvan International airport, you will be welcomed by one of our representatives and helps you to get transferred in Hotel. In the evening there will be short briefing about the tomorrow's program itinerary. Stay overnight in Kathmandu Hotel.

- Day 2: **Drive from Kathmandu to Syabrubesi (1550m); 7 hours drive**

Today, you will be travelling to Syabrubesi early in morning passing through the Trishuli River. Along the way, enjoy the scenery of green hills, rushing rivers, lush green forests together with the glimpse of local Nepali life. Also you will get to see the glance of Ganesh Himal. On reaching, check in hotel and stay overnight.

- Day 3: **Trek to Lama Hotel (2380m); 6 hours walk**

Set out your first day of trek passing through the border on Syabrubesi road and cross the suspension bridge over the Langtang Khola. You will be walking through the dense forests with a range of plants like maple, alder, oaks, bamboo, pine and rhododendron, enjoy the trail and also get chance to see the wild animals like Langur monkey, wild boar, Himalayan black bear, numbers of bird species and many more. Later on, you have to ascend a steep climb for few hours to reach the Lama Hotel. Stay overnight at tea house.

- Day 4: **Trek to Langtang Village (3430m); 5 hours walk**

Starts your second day walking past the steep trail via lush forests of oak, rhododendron, chortens and hemlock you will reach Ghoda Tabela. As you ascend from there, revel in the magnificent views of Langtang Lirung. Continue your scenic trail, you will reach the Langtang village, the largest settlements in the valley and populated by Tamang who practices Tibetan Buddhism. Learn more about the highly influenced Tibetan culture, tradition and lifestyles. Remarkable hospitality is one of the endearing features of their culture and a joy to experience. Glare at the mountains and admire its beauty as you spend your night in the midst of tranquil Himalayan Ranges. Stay overnight at tea house

- Day 5: **Trek to Kyanjin Gomba (3870m); 4 hours walk**

The third day of this journey takes you to the ancient monastery, Kyanjin Gomba. Today's trail is mostly flat which is surrounded by glittering Himalayan pinnacles in 360 degree panorama. Walk past the typical villages like Mondoo and Singdum along with Mani walls and Buddhist prayer. Finally, climb along the peak passes you will reach Kyanjin Gomba, a serene and beautiful place that offers the amazing views of Mt. Ganchhenpo and Langtang Lirung. Explore old monastery, traditional houses and the cheese factory which are the main attractions of this place. Stay overnight at tea house

- Day 6: **Hike to Kyanjin Ri (4950m) and Trek back to Lama Hotel; 5 hours walk**

Early in the morning, enjoy a short hiking to Kyanjin Ri for the majestic sunrise views over the Snow capped mountains and the beautiful views of Langtang glacier. As you

reached there, the splendid sunrise views over the Langtang ranges will surely leave awe struck with their awe inspiring beauties. Witness the 360 degree panoramic sights of Langtang Lirung (7227m), Langtang II (6596m), Yala Peak (5500m), Mt. Ganchenpo (6387m), Mt. Naya Kanga (5844m), Mt. Changbu (6251m), Dorje Lakpa (6966m) and many others. After spending enough time descend the summit to Lama Hotel following the same trail via Ghoda Tabela. Stay overnight at teahouse.

◦ **Day 7: Trek to Syabrubesi; 5 hours walk**

Descend down the hill and pass through the lush forests along the Langatang river you will be back in Syabrubesi. Stay overnight at tea house.

◦ **Day 8: Drive to Kathmandu; 7 hours drive**

Take a scenic drive back to Kathmandu following the same route on the very first day. On reaching, take a rest in hotel and later on you can roam around the market on your own to buy gifts and souvenirs. Stay overnight at tea house.

◦ **Day 9: Final departure**

Your Langtang valley trip comes to end today!! You will be transferred to the airport by one of our representatives for your next flight back to your country. Hope you had an amazing time with us!!

## WHAT'S INCLUDED

Location	Nights	Type	Property Name	Rating	Occupancy
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- **Guide**

- An government license holder guide

- **Meals**

- Vegetarian

Food

- **Transport**

- Mini-coach
- Hotel pick up and drop off

- **Extra Services**

- Porter to carry your baggage (only if there is two pax)

## WHAT'S EXCLUDED

- Flights
- Pickup & Drop-Off
- Insurance
- **Other Excluded:**
  - Travel insurance
  - Tips to trekking staffs
  - Meals in Kathmandu
  - Personal expenses

## Covid Safety

Due to the uncertainty during the COVID-19 pandemic, we can only offer a non-refundable deposit option. We encourage you to offer the customer to reschedule the booking with you. If that's not possible, we will convert the non-refundable deposit into a store credit for the customer. No cash refunds will be issued. Payments will only be transferred to you 1 day post the arrival date.

## Tour Cancellation Policy

Free cancellation up to 4 day(s) prior departure, Or traveler will pay 100 % of the tour amount

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## Good To Know

- Minimum age is 8 years
- You **MUST** confirm and obtain any visa requirements. All visa requirements are the sole responsibility of the traveler
- Due to uneven surfaces, this trek is not recommended for those with walking disabilities or using a wheelchair
- Not recommended for pregnant women
- A maximum of 18 people per booking
- Confirmation will be received within 48 hours of booking, subject to availability
- Travel insurance that covers medical expenses, including emergency repatriation, is required to participate on this tour;  
proof of insurance must be shown to tour leader on the first day.

- Documents we need for Permit: Passport photo copy (should be very clear with color scan) and validity minimum 6 months, 2 passport size photo., Occupation, Home details address
- 200 USD per group Extra if you favor having others language speaking guide unless English
- Need to send us your Nepal arrival details to pick you from Airport.

## **FAQs**